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**ORTHODOX SYRIAN**

**SUNDAY SCHOOL ASSOCIATION**

**OF THE EAST**

**OUT SIDE KERALA REGION**

**DELHI DIOCESE**

**www.ossaedelhi.com**

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**Sunday School Booklet 2016**

**AN OSSAE PUBLICATION**

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FROM THE DIRECTOR

Greetings to all in the name of the One Triune God,

I have immense pleasure to introduce the Booklet combining Programs and Syllabus of the Sunday school this year. The booklet aims to serve as a convenient guide for our students and teachers to access programs of Sunday school organized at the Central level and prepare in advance for the half-yearly, annual examinations and cultural competition.

This year’s booklet is an all-in-one compilation comprising the annual circular, academic and cultural syllabus, useful insights about Sunday school, and common prayers, to suit the convenience of teachers and students.

I believe that the purpose of Sunday school is to train our children and youngsters to live the Orthodox faith. Since Sunday school provides the earliest interface to influence young minds, it serves a potential centre for dynamic transformation by providing for a holistic approach and world vision to our youngsters.

This can be possible only by learning and understanding the faith and traditions of the Orthodox Church in the correct perspective. Sunday school is and should be the channel to communicate and imprint the Orthodox Christian values on the young minds. It is only then they will learn to apply them in their individual lives.

The present curriculum of the Sunday school, as I understand, equips our children with a strong Christian foundation, whether it is by studying the Holy Bible or the teachings and traditions of the Church, or even inspiring them to acts of charity and devotion as seen in the lives of our Church fathers and saints. But all this is meaningless if students of the Sunday school fail to share their faith and do good works in the society around them.

Children are taught to witness their Lord and Savior in thought, word, and deed. They are taught to make decisions based on Christian principles. Proverbs 22:6 instructs us to train children while they are young in the correct way as they will not deviate from it later in life. A sound Christian foundation helps build a Christian character in our children and enables them to grow in the grace of God.

My message to young children and those engaged with the Sunday school Movement is that to be on guard to protect your faith from possible threats and stand witness to the love and compassion of Christ even in testing times.

Finally, while presenting this booklet, I have a duty to thank our Diocesan Metropolitan H. G. Dr. Youhanon Mar Demetrios for his unfailing support and inspiration, Sunday school Assistant Director Rev. Fr. Saju Thomas for being a pillar of support, the Diocesan Teachers’ Representative Mr. K.K Babu for his untiring efforts to meticulously compile the document and making it a possibility, and all headmasters and teachers involved in the spiritual task of training our children as effective instruments to witness God.

May God bless us all in our endeavors.

**Fr. Saji Abraham**

Director, OSSAE-OKR, Delhi Diocese

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SPIRITUAL ORGANIZATIONS: CALENDAR OF EVENTS – 2016

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Organization** | **Date** | **Day** | **Time** | **Event** | **Venue** |
| OCYM | 14-Feb | Sun | 10.00am | Youth Fest | St. John's M.V Ph - I |
| OSSAE | 21-Feb | Sun | 02.00pm | Teacher's Refr. Class & Prize distribution | St. Jame's M.V Ph - III |
| IOD | 21-Feb | Sun | 10.30am | Lenten Retreat | St. Basil, Rohini |
| OCYM | 27 & 28-Feb | Sat & Sun | 05.00pm | Feast of St.Dionysius | Aravali Retreat Centre |
| STOVS | 3-Mar | Thu | 10.00am | Lenten Retreat |  |
| MMVS | 6-Mar | Sun | 10.00am | Conference & Cultural Competition | St. Mary's, Hauz Khas |
| OCYM / OCMF | 19-Mar | Sat | 09.30am | Lenten Retreat | St. Mary's, Hauz Khas |
| OCYM | 18-Jun | Sat | 07.30am | Thalamura Sangamam | Parumala / Pazhaya Seminary |
| MGOCSM | 3-Jul | Sun | 10.30am | Leaders Meet & Annual Day | St. George, Dwarka |
| OSSAE | 3-Jul | Sun | 10.30am | Half Yearly Examination | Unit Level |
| OSSAE | 17-Jul | Sun | 09.30am | Inter Dio. Cul. Competition | STOTS, Nagpur |
| IOD | 24-Jul | Sun | 10.30am | Delhi Gospel Convention | St. Thomas, Ghaziabad |
| OCYM | 31-Jul | Sun | 08.00am | Career Guidance | St. Mary's, Faridabad |
| OSSAE | 7-Aug | Sun | 10.00am | Diocesan Sunday School Cover Collection | All Parishes |
| OSSAE | 7-Aug | Sun | 10.30am | Cultural Competition | Unit Level |
| OCYM / OCMF | 21-Aug | Sun | 10.00am | One Day Conference | Mar Gregorios, Janakpuri |

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| STOVS | 23, 24 & 25-Aug | Tue-Thu |  | Outside Kerala, Priest Conference | Bangalore |
| MMVS | 28-Aug | Sun | 10.00am | Annual Conference | St. Thomas, Sarita Vihar |
| AMOSS | 5-Sep | Mon | 10.00am | Annual Meeting | St. Stephen's, Dilshad Garden |
| MGOCSM | 11-Sep | Sun | 10.00am | Olive - 2016 | St. Mary's, Faridabad |
| OSSAE | 17, 18-Sept |  |  | AGBM | STOTS, Nagpur |
| OSSAE | 2-Oct |  | 09.00am | Teacher's Conference | St. Mary's, Chandigarh |
| OCYM | 8, 9-Oct | Sat & Sun |  | Annual Conference | St. Thomas, Jaipur |
| OSSAE | 11-Oct | Tue | 09.00am | Dio.Level Cul.Competition | St. Thomas, Indirapuram |
| MGOCSM | Oct |  | 04.00pm | Logos | Mar Gregorios, Janakpuri |
| OCYM | 6-Nov | Sun | 07.30am | Padayatra | Mar Gregorios, Janakpuri |
| OSSAE | 14-Nov | Sat | 08.30am | Faith Fest - XVI ( Senior Students ) | Mar Gregorios, Janakpuri |
| OSSAE | 20-Nov | Sun | 10.30am | Annual Examination | Unit Level |
| IOD | 27-Nov | Sun | 10.30am | Advent Retreat | St. Jame's M.V Ph - III |
| OSSAE | 4-Dec | Sun | 10.30am | Sunday School Day | Unit Level |
| OSSAE | 4-Dec | Sun | 02.00pm | Board Exam & Dio.Comp.Exam | St. Paul's, Hauz Khas |
| OSSAE | 18-Dec | Sun | 09.00am | Paper Valuation | St. Paul's, Hauz Khas |
| MGOCSM | 15-Jan-17 | Sun | 10.00am | Yeldo Fest | St. Mary's, Chandigarh |
| OCYM | 12-Feb-17 | Sun | 10.00am | Youth Fest | St. Mary's, Hauz Khas |

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A CHRONOLOGICAL HISTORY OF OSSAE (1964 – 2015)

* **The need for Sundays School started due to the strengthening of the Reformation Movement to the latter half of 19th Century.**
* **Malankara Metropolitan Pulikottil Joseph Mar Dionysius II emphasized on the need of establishing parish based centers of religious teaching.**
* **The first such Sunday school was started in 1870 in Pazhanji Parish of Kunnamkulam Region.**
* **Starting of the Sunday Schools across the Church was one of the decisions of the Malankara Palli Yogam which met in Parumala in 1873.**
* ***Suriyani Suvisheshakan*, the first Sunday school text book was brought out in 1900.**
* **In the Sabha Panchangam published by Karuchira Geevarghese Remban (Catholicose Baselios Geevarghese I) in 1906, it is stated that 85 Sunday Schools operated in the Church at that time.**
* **The Syrian Students Movement (current MGOCSM) which started in 1908, took up promotion of Sunday school as one of its aims.**
* **During the time of Malankara Metropolitan St. Dionysius of Vattasseril, the Sunday school activities became more coordinated as a spiritual organization.**
* **St. Dionysius appointed Mr. N. A. Pothen (Olassa Nalathra) as the Secretary of the Sunday school.**
* **The new secretary put money from his pocket and brought out *Vedadyapakan*, a guide for Sunday school teachers. The very First curriculum of the Sunday school was published in that.**
* **Mr. N. A. Pothen took initiative in conducting training classes for Sunday school teachers in various parts of Malankara.**
* **In 1932, Rev. Fr. K. David became the General Secretary of the Sunday school.**
* **In 1930s, the Sunday school under the leadership of Puthenkavil Geevarghese Mar Pheloxenos and Rev. Fr. K. David scaled new heights.**
* **After Church unity in 1958, the Sunday school of the erstwhile Patriarch faction merged with the Sunday school in the Malankara Orthodox Church.**
* **In 1964, OSSAE was formed with Paulose Mar Pheloxenos Metropolitan (Late H. B. Baselius Paulose I of Jacobite faction) as the President and Rev. Kurian Kaniamparambil Arch Cor Episcopa as the Director General. Fr. K. David was appointed as the Chairman of the text book committee.**
* **In the later years the OSSAE was lead by Mathews Mar Coorilose (the late H. H. Mathews II), Late lamented Mathews Mar Epiphanios, Paulose Mar Milithios(H. H. Paulose II Catholicose) as Presidents and C. V. George Cor Episcopa and Fr. Dr. T. J. Joshua as Director Generals.**
* **Currently H. G. Dr. Yakoob Mar Irenius Metropolitan serves as the President of OSSAE since 2013.**
* **In 2001 March after a decision in the meeting of all Sunday School HMs outside Kerala which met at Nagpur Seminary, the OSSAE OKR came into being vide a Kalpana of Late Lamented H. H. Baselius Mar Thoma Mathews II Catholicose.**
* **H.G.Yakoob Mar Irenius was the First President of OSSAE OKR and Fr. Dr. Reji Mathews served as the First Director.**
* **Fr. Dr. O. Thomas elevated the Principal of Orthodox Theological Seminary, Kottayam and Fr. Dr. Reji Mathew take over as the Director General of OSSAE.**
* **In 2004, the central office of OSSAE OKR started functioning in Nagpur Seminary.**
* **Currently, H. G. Dr. Joseph Mar Dionysius Metropolitan serves as the President from the year 2013.**
* **Fr. Dr. Geevarghese K. served as the Director of OSSAE OKR till March 2015 and Fr. Dr. Bijesh Philip took over the Charge of OSSAR OKR from March.**

PRAYER ON THE SUNDAY SCHOOL DAY

**(Sunday of Birth of John the Baptist)**

**Leader:** Almighty God, today, when we observe our Sunday School Sunday, we all came to this place willing to be cleansed, purified, blessed, enlightened and strengthened to walk away sparkling clean by the power of thy Holy spirit to praise thy name all the rest of our lives.

**Response:** Hear our prayers and strengthen us, our God.

**Leader:** Almighty God, preserve us in the Orthodox faith, and in Holiness all the days of our lives that we may increase in wisdom, and in the fulfilling of thy commandments; that being thus prepared, we may glorify thine all-holy name, and become an heir of thy eternal kingdom.

**Response:** We pray in the name of our loving and living lord Jesus Christ, Amen.

**Leader:** Almighty God, who blessed the parents of John the Baptist through his birth and growth, we pray to Thee, to bless and keep these thy children under thy mighty arms from all troubles and tribulations.

**Response:** Hear our prayers, O Almighty God.

**Leader:** May your omnipresence and omnipotence guard us, sanctify us, enlighten us, and endow us with good virtues and understandings. Lord, extend your mighty right hand upon us and bless us all.

**Response:** Bless us, O God.

**Leader:** O Lord, our master, thou embraced little children who were brought unto thee, and laid thy hands upon them, and blessed them saying: “Let the children come to me, and do not stop them, because the kingdom of heaven belongs to such as these:”, look down upon the innocence of these thy children, and graciously bless them so that in thy grace and mercy.

**Response:** O Lord God, have mercy upon us and bless us.

**Leader:** O Lord God, open the eyes of these thy children so that they can see and learn thy mysteries, and truth and love from the Holy Scriptures. Lord, God, open the hearts and the minds and the lips of thy children so that they receive the power of thy law, and understand the knowledge to the profit and building up of thy church, and that they may comprehend thy good and perfect will. Strengthen their parents and teachers to give them the guidance and the faith they will need to grow up as healthy and responsible adults, and also to make decisions they will need to take to make this world a better place to live.

**Response:** God Almighty, Hear Our Prayers.

COMMON PRAYERS

**Prayer while entering the Church**

'In reverence will I enter Thy house and offer my vows to Thee'.

**Prayer while leaving the Church**

'O Lord, now let Thy servant depart in peace, according to Thy word. For my eyes have seen Thy salvation, which Thou has prepared before the face of all people'. Barekmore

**Prayer before reading the Word of God**

'Barekmore, Almighty God, enlighten our minds, that we see Thy wonderful deeds in Thy words'. (Ps. 119: 18)

**Prayer after reading the Word of God**

'Praise and glory be to Thee, O God Almighty. Barekmore

**Prayer before sleep**

Dear God, Thank you for loving me and protecting me from all dangers. Forgive

me when I do wrong things. Now that day has passed, I glorify you O Lord, Grant me peaceful sleep. Protect me from all evil and awake me in the morning that I may praise You, Your Son and Your Holy Spirit now and forever. Amen.

**Prayer while getting up in the morning**

Dear God, Thank you for granting me a peaceful sleep. Thank you for my family and friends to play and share with. Thank you for my home, for clothes and food. Thank you for my Church and for those who are teaching me. Dear God, help me to do everything in the right way. Send your grace upon me to perform all my duties carefully and faithfully. Save me from all temptations and protect me from all dangers. I give glory to you now and forever. Amen.

**Prayer before class or study**

O God of infinite wisdom and source of all knowledge, bless our studies which are consecrated to you. Enlighten our minds, strengthen our memories and direct our will towards what is right. Guide our actions and refresh our minds by the grace of the Holy Spirit. O Lord! You are the true light, who enlightens and sanctifies every person; enable us to grow in your grace now and forever. Amen.

**Prayer after class or study**

We thank you Lord, the source of all knowledge, help us to remember what we have learned today. Lord, you have gladdened our heart with the knowledge of truth. Help us always to do your will. Forgive us our shortcomings and give us courage to follow the path of truth. Enable us to grow in grace, virtue and good habits. We glorify Thee, Father, Son and the Holy Spirit forever and ever. Amen.

**Prayer before examination**

O Almighty God, I thank you and praise you for your blessings showered on me. O Lord! Send Thy Holy Spirit and strengthen me to give this examination with courage and confidence. Give me understanding and strong memory power. Let your compassionate eyes guide me and hold my hand when I write my answers. Bless me and make my parents happy with good results. We glorify Thee, Father, Son and the Holy Spirit forever and ever. Amen.

**CATHOLICA MANGALA GANAM**

Marthoma simhasanathil Aaroodanakum Pithave

Kizhakkinteyokkeyum Vandya Katholikka

Aamodamay vazhka Neenal ( 2 )

Marthoma ………..

Nasarayanamesu Shishyarkku nalkiya

Athisreshtacharyathwam noottandukal

Kaimarinjethiyee vandya pithavila

Deepam Koluthinee Aayiramay (2 )

Marthoma ………..

Pattinipavangalkkennum thunayay

Rogikal dhukkitharkkalambamay

Pathinayirangal nin makkalkkidayanay

Aishwarya samboornnanayi Vazhka ( 2 )

Marthoma ………..

**LORDS PRAYER (Song)**

Swargonnathe Vazhum - Paramapithave

Paripavanamakenam - Thavathirunamam

Thavarajyam bhoovil - Aagathamakaname

Thavahithamihamathilakenam - Parmathilennathupol

Prathidinamadiyangal- Kkannam Kanivodupakaraname

Parihrithamakaname pizhakal - Aparanodengal pol

Katharuleedaname - Dushta pareekshakalil ninnum

Rajyam Sakthimahathwamathange-kkennennum – Aameen.

**HAIL MARY (Song)**

Kripayin nirave Mathave - Mariyame shanthi

Narikalil Neeyettam – Manitha Mathave

Paramonnathaneeshan – Ennum parichodu thava savidhe

Ninnudarathin Phalamameeshan – Sthuthikal-kkanuyojyan

Shudhikalil Shudhe – Mariyam Mathave Bhagyam

Parane Vahichavale – Matha Mariyame Bhagyam

Pathakaradiyarkkay – Paranodenne-nnum

Arthicheedaname – Mruthiyin Velayilum – Aameen

**RECEPTION TO METROPOLITANS**

Swagathame! Ssohbitha-naboon (Baselios)

Na – llajapa - la - mohicheedu – nnaja – sangam –

Darsanamathinum – vashvinnum

Oo – thunnu – sthothram – Ee – sa – nnanga – ykkai

Thavamohananamal – modi-kkunnu

Aarkkunnengal uchaswarathil, Vashattaboon – (Baselios)

Pra – pi – kkattae – bhavukangal.

**THERE SHALL BE SHOWERS OF BLESSING…**

There shall be showers of blessing,'' This is the promise of love:

There shall be seasons refreshing Sent from the Saviour above,

Showers of blessing, Showers of blessing we need,

Mercy drops rounds us are falling, but for the shower we plead.

There shall be showers of blessing; precious reviving again;

Over the hills and the valleys sound of abundance of rain.

There shall be showers of blessing; Send them upon us O Lord;

Grant to us now a refreshing Come and now honor Thy Word.

There shall be showers of blessing; Oh that today they might fall

Now as to God we're confessing, now as on Jesus we call.

PROGRAM FOR THE YEAR 2016

The annual circular of OSSAE-OKR along with calendar of events is prepared for OSSAE-OKR Delhi Diocese for 2016. All are kindly requested to follow this circular for the smooth functioning of all Sunday school activities in the Delhi Diocese.

**TEXT BOOKS**

We follow the text books prepared by OSSAE this year. The text books according to the revised curriculum are available at OKR Office and at Central Office, Devalokam-Kottayam. We are trying to print Class VIII and Class X (Section Two) textbooks here which shall be available by Feb 10. These books are available at OSSAE and OSSAE- OKR websites also.

**SYLLABUS**

Syllabus for the **half-yearly & annual/competitive examination is given separately**. The units will prepare the question papers for half yearly and annual examinations (unit level). For the Diocesan level competitive examination, question papers will be prepared and issued from the Diocese. OSSAE-OKR has suggested the use of **NRSV and Orthodox Study Bible,** but for uniformity we are using **NRSV** for Psalms prescribed in the syllabus. Psalms, Prayers and Songs will be common in half yearly and annual/competitive examinations.

**PROJECT WORK**

Students of classes IV and above should compulsorily do the Project work. Projects of the children of Classes IV – VII are to be conducted on an oral level only, where as the rest should submit it in a well hand written form. The length of the written project should be from five to ten pages. Photos and other data can be added, if available.

The mark of the project work can be as follows: Punctuality (2 marks), Text (3 marks), Comprehension of the idea (3 marks), Presentation/Neatness (2 marks). **October 15 is the cut-off date for the submission of the project at unit level**.

**SPECIAL CRITERION FOR CLASS XII**

In order to register for Class XII examination, the **regular students should have successfully completed Class XI exams and the project works assigned** and thereby apply for registration for Class XII exams. Successful completion of Class XII exam confers the title and certificate of “Orthodox Vedapraveen Diploma” to the student. In order to be eligible for “Orthodox Vedapraveen Diploma”, the **private students are also requested to complete the above mentioned criterion except the attendance**. For Class XII, two activities are mandatory as practical work.

1. Attend the orientation program conducted by the initiative of Zonal Secretaries.

1. The course should be regarding the Teaching Methods.
2. Any one chapter from Class XII textbook should be taught to the student by a teaching expert.

2. Prepare five lesson plans and teach five classes in your Sunday school under the supervision of the headmasters/class teacher. Detailed suggestions for the preparation of lesson plans are given in your textbook. Learn it properly, prepare lesson plans and teach with proper preparation.

The activities should be completed under the leadership of Zonal Secretaries before **September 30, 2016**. The final list of eligible Class XII candidates (Private/ Regular) should be sent to the OSSAE OKR office based on the report of the Zonal Secretaries on or before **15th October 2016.**

**SSFC & CLASS XII EXAMINATIONS**

The examination will comprise of only one paper with questions for 100 marks and the students have to answer them within 3 hours.

The Units will send the list of students appearing for the examinations along with registration and unit fees to the Diocesan Director (Delhi) **on or before July 31, 2016**.

The fee structure of examination is as follows:

Regular student: Rs.200/-

Private student: Rs.250/-

The Examination Centre fee will be as shown below:

1-10students: Rs.200/-

11-25students: Rs.300/-

26 and above: Rs.500/-

**GRADE SYSTEM**

Grade system is being implemented from the academic year 2016 instead of Rank. Project marks would not be hereby considered to be part of the final Annual Examination marks. **Project, Half yearly marks and the Attendance would be qualifying factors for the Class X and Class XII Exams.** The headmasters are to be honest in the matters regarding internal assessment of the students.

**INTERNAL ASSESSMENT FOR CLASSES IV – XII**

Student’s attendance in the Church events, involvement in the class, maintenance of Christian values and creativity should be measured and rewarded. The marks for the internal assessment will be as under:

(a) 10% of the marks obtained for the half-yearly examination

(b) 10% marks for Sunday service and class room attendance

(c) 10% marks for project

**CALCULATING FINAL MARKS FOR ANNUAL COMPETITIVE EXAM**

Prepare the list of students for the annual competitive exam by calculating the marks obtained in half yearly exam (10 %), attendance (10%) and project (10 %) along with the marks obtained in the unit level annual exam (70%). The eligible students must score 60% marks to appear for the annual competitive exam. **Only top two scorers are eligible for this exam from class IV to IX and XI.** Annual competitive exam will be on Dec 4, 2016. Units must submit the list of eligible students on or before Nov 28, 2016.

**CORRESPONDENCE WITH DIOCESAN CENTRE OFFICE (DELHI)**

All the correspondence with Delhi office should be addressed to:

Fr. Saji Abraham,

St. Johns Model School,

Institutional Area, Phase-1 Pocket-3, Mayur Vihar, Delhi, 110091

Mobile: 07042756232

Phone: 011 2271 3919

**E-mail:** [**frsabraham@gmail.com**](mailto:frsabraham@gmail.com)

Cheques/DD payments to Delhi Diocese should be drawn in favor of:

“**DODC-SUNDAY SCHOOL**” payable at New Delhi.

**(Federal Bank A/c No. 13600100260829)**

The support and cooperation of the HMs and teachers are solicited in carrying out the activities as outlined in this circular.

CALENDAR OF EVENTS

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **EVENT** | **DATE** | **DAY** | **TIME** | **VENUE** |
| Paper Evaluation | 17-Jan | Sunday | 9.00 am | St. Paul’s School, Hauz Khas |
| Commencement year statement | 31-Jan | - | - | All parishes |
| Charity Day (Collect with OVBS) | 7-Feb | Sunday | - | All parishes |
| Board Exam Result | 8-Feb | Monday | - | http://ossaeokr.org/ |
| Application for SAY exam | 15-Feb | - | - | STOTS, Nagpur |
| SAY Exam | 21-Feb |  |  |  |
| Teacher’s Refresher Course & Prize distribution | 21-Feb | Sunday | 14:00 pm | St. James, Mayur Vihar-III |
| Annual Report of Diocese to OKR Director & Diocesan Center | March | - | - | STOTS, Nagpur & DC Delhi |
| Half Yearly Examination | 3-Jul | Sunday | - | Unit level |
| ZSs & HMs Meeting | 9-Jul | Saturday | 15:00 pm | St. Paul’s School, Hauz Khas |
| Inter-Diocesan Cultural Competition | 17-Jul | Sunday | 9.30 am | STOTS, Nagpur |
| Diocesan Sunday School Cover Collection | 7-Aug | Sunday | - | All parishes |
| Cultural Competition | 7-Aug | Sunday | - | Unit level |
| Submission of Application Form of X & XII | 28-Aug | Sunday | - | All parishes |
| AGBM, Nagpur | 17, 18 Sep | Saturday, Sunday | - | STOTS, Nagpur |
| ZSs & HMs Meeting | 24-Sep | Saturday | 15:00 pm | St. Paul’s School, Hauz Khas |
| Teacher’s Conference | 2-Oct | Friday | 9.30 am | St. Mary's, Chandigarh |
| Diocesan Cultural Competition | 11-Oct | Tuesday | 9.30 am | St. Thomas School, Indirapuram |
| Submission of Application Form of X & XII for registration | 15-Oct | - | - | STOTS, Nagpur |
| ZSs & HMs Meeting | 12-Nov | Saturday | 15:00 pm | St. Paul’s School, Hauz Khas |
| Faith Fest – XVI for Senior Students (Classes IX - XII) | 14-Nov | Monday | 8.30 am | St. Gregorios School, Dwarka (Mar Gregorios Orthodox Church, Janakpuri) |
| Annual Unit level Examination | 20-Nov | Sunday | 10.30 am | Unit level |
| Sunday School Day (Birth of John the Baptist) | 4-Dec | Sunday | - | Unit level |
| Class X & XII Board Exam | 4-Dec | Sunday | 14:00 pm | St. Paul’s School, Hauz Khas |
| Annual Competitive Exam | 4-Dec | Sunday | 14:00 pm | St. Paul’s School, Hauz Khas |
| Paper Evaluation | 18-Dec | Sunday | 9.30 am | St. Paul’s School, Hauz Khas |

SYLLABUS FOR HALF YEARLY EXAMINATION

**(Psalms and Prayers are same for both exams)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Class** | **Lessons** | | **Psalm** |
| **KG** | Unit 1 (1-9) | | ----- |
| **I** | Chapters: 1, 2, 3, 4, 5, 6, 7, 11, 14 | | 117 |
| **II** | Chapters: 1, 2, 3, 4, 5, 6, 8, 11, 18 | | 34:1-6 |
| **III** | Chapters: 1, 2, 3, 4, 5, 8, 9, 10, 11 | | 40:1-5 |
| **IV** | Units 1 (1-10) | | 27:1-6 |
| **V** | Chapters: 1, 2, 4, 5, 7, 8, 9, 12, 23, 24 | | 118:1-10 |
| **VI** | Chapters: 1, 2, 4, 5, 7, 8, 10, 11, 16, 19 | | 51:1-10 |
| **VII** | Chapters: 1, 2, 3, 4, 5, 6, 7, 9, 14, 16 | | 24 |
| **VIII** | Chapters: 3, 5, 6, 9, 10, 11, 13, 15, 21, 23, 26, 27, 28, 29, 30 | | 19:1-10 |
| **IX** | Chapters: 1, 2, 4, 5, 7, 8, 11, 12, 18, 21, 25, 27, 28, 29, 30 | | 137:1-9 |
| **X** | Section I: Chapters: 1, 2, 5, 7, 9, 11 | | 34 |
| Section II: Chapters: 16, 17, 21, 23, 24, 27, 28, 29, 30 | |
| 1. St. Gregorios of Parumala (pg 88 onwards-Sect-I) | |
| 2. St. Geevarghese Mar Dionysius (Pg 79 onwards-Sect-II) | |
| **XI** | Units 4,6,7 (complete lessons within the units) | | 143 |
| Holy Qurbana-A Study: Chapters: 1, 4, 6, 7, 9, 10 | |
| **XII** | Book 1: Chapters: 9, 10, 11, 12, 13, 14, 15, 16, 20, 25, 26,28 | | 91 |
| Rituals are Meaningful: Chapters: 1, 7, 8, 9, 10 | |
|  | | | |
| **PSALMS AND PRAYERS** | | | |
| **KG** | Making the Sign of Cross | **-----** | |
| **I** | 1. Psalm 1 | 1. Bhaktharpukazhcha….. | |
| 2. Our Father… | 2. Nirtheedaruthe….. | |
| **II** | 1.Psalm 23 | 1. Akhilajagalpathiye…. | |
| ….. | 2. Sweekaranamnedi…Barekmor | |
| **III** | 1. Prayer before meals | 1. Praarthanayinsamayamithallo… | |
| 2. Prayer after meals | 2. Yeshu Pithrusuthane….. | |
| **IV** | 1. Psalm 133 | 1. Lokarkupakaaram……Barekmor | |
| 2. Sudhamullabava…. | 2. Paavananibimaare…..Barekmor | |
| **V** | 1. Karunayulla Daivame… | 1. Yajamaananvarumannera….. | |
| 2. Moran Yeshumashiha… | 2. Chaarthum neethiye…. Barekmor | |
| **VI** | 1. Anugrahangal niranjirikunnavane… | 1. Parishudhaalayamullil…. | |
| 2. Psalm 4 | 2. Nirmalanibisleeha…. | |
| **VII** | 1. Prayer before Communion | 1. Bhoovilashesham….. | |
| 2. Prayer after Communion | 2. Yaachikendum…(3 stanzas) | |

|  |  |  |
| --- | --- | --- |
| **VIII** | 1. Karthave nine stothramcheyyunnathum…. | 1. Paulosesleeha…. |
| 2. Ente Daivame...(Ps 63) (QurbanaKramam) | 2. Anpudayonenin …(3 stanzas) |
| **IX** | 1. Mahonathantemaravil irikkunnavanaya karthave .. | 1. Alivodukrupacheyuka nadha….. Krupayalenpaapam |
| 2. Mariam paranjathenthinal…(Lk 1: 46-55) (QurbanaKramam) | 2. Aadyachaaryathvamkaikond… |
| **X** | 1. Swabhavaprakaram Maranamillathavanum.. | 1. Melpattakar… choleeduka kurielaison |
| 2. Psalm 113 | 2. Vaanilumoozhiyiledanilum….(2 stanzas) |
| **XI** | 1. Nicene Creed | 1. Moshachamachora… praarthanayaalpunyam |
| 2. Athmavildaridrarayavar… Matt 5: 3-12 (QurbanaKramam) | 2. Maathruvishudha…idavakainmel |
| **XII** | 1. Urakamillatha unarvullavanaya… | 1. Nin murivukaleenetten mooron…. (2stanzas) |
| 2. Rathrikalangail..(Ps 134, 119, 117) (QurbanaKramam) | 2. Agnimayanmaar….. Makkaleduthaagoshikkunnu |

SYLLABUS FOR ANNUAL EXAMINATION

|  |  |
| --- | --- |
| **Class** | **Lessons** |
| **KG** | Units 2, 3, 4 |
| **I** | Chapters: 8, 9, 10, 12, 13, 15, 16, 17, 18, 19, 20, 21 |
| **II** | Chapters: 7, 9, 10, 12, 13, 14, 15, 16, 17, 19, 20, 21 |
| **III** | Chapters: 6, 7, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21 |
| **IV** | Units 2, 3, 4, 5, 6, 7, 8 |
| **V** | Chapters: 3, 6, 10, 11, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 25 |
| **VI** | Chapters: 3, 6, 9, 12, 13, 14, 15, 17, 18, 20, 21, 22, 23, 24, 25 |
| **VII** | Chapters: 8, 10, 11, 12, 13, 15, 17, 18, 19, 20, 21, 22, 23, 24, 25 |
| **VIII** | Chapters: 1, 2, 4, 7, 8, 12, 14, 16, 17, 18, 19, 20, 22, 24, 25 |
| **IX** | Chapters: 3, 6, 9, 10, 13, 14, 15, 16, 17, 19, 20, 22, 23, 24, 26 |
| **X** | Section I: Chapters: 3, 4, 6, 8, 10, 12, 13, 14, 15 |
| Section II: Chapters: 18, 19, 20, 22, 25, 26 |
| 1. St. Gregorios of Parumala (pg 88 onwards-Sect-I) |
| 2. St. Geevarghese Mar Dionysius (Pg 79 onwards-Sect-II) |
| **XI** | Units 1, 2, 3, 5 (complete lessons within the units) |
| Holy Qurbana-A Study: Chapters: 2, 3, 5, 8 |
| **XII** | Book I: Chapters: 1, 2, 3, 4, 5, 6, 7, 8, 17, 18, 19, 21, 22, 23, 24, 27 |
| Rituals are Meaningful: Chapters: 2, 3, 4, 5, 6 |

SYLLABUS FOR THE ART COMPETITIONS

**(Age will be calculated as on 01-01-2017)**

**I. SUB-JUNIORS (Age 01st Jan 2010 onwards)**

1. Action Song (Maximum 3 minutes)
2. Coloring (Maximum 30 minutes)

**II. JUNIORS (Age: Between 01st Jan 2007 to 31st Dec 2009)**

1. Bible story telling (Maximum 5 minutes)
   * Daniel in the Den of Lions (Daniel 6)
2. Group Song (Maximum 3 minutes, 2 to 3 participants)
   * Service of Christmas
3. Drawing Competition (Maximum 30 minutes)

* The Transfiguration of Jesus

**III. INTER-MEDIATE (Age: Between 01st Jan 2004 to 31st Dec 2006)**

1. Elocution (Maximum 5 minutes)
2. “Do for others what you want them to do for you” (St. Matthew 7:12)
3. “You are the light of the world. A city built on a hill cannot be hid” (St. Matthew 5:14)
4. Group Song (Maximum 3 minutes, 2 to 3 participants)
   * + - * Service of Marriage
5. Bible verse writing (Maximum 20 minutes) (**Strictly from the Booklet provided from the Diocese**)

**IV. SENIORS (Age: Between 01st Jan 2001 to 31st Dec 2003)**

* + 1. Elocution (Maximum 5 minutes)

1. “Be Perfect as your heavenly Father is perfect” (St. Matthew 5:48)
2. “O taste and see that the Lord is good; happy are those who take refuge in Him” (Psalm 34:8)
   * 1. Solo Song (Maximum 3 minutes)
        + - Any Christian Song
     2. Essay writing (Maximum 30 minutes)
3. Meaning and Relevance of Sacraments
4. Relevance of the life of Pampady Thirumeni in today’s consumerist culture
   * 1. Quiz Competition (Written, maximum 3 participants)
5. Book of Joshua – 20%
6. Psalm 20 to Psalm 30 - 20%
7. Gospel according to St. Mark – 20%
8. First letter to Corinthians - 20%
9. Service of Passover (Pesaha) – 20%

**V. SECONDARY (Age: Between 01st Jan 1998 to 31st Dec 2000)**

1. Elocution (Maximum 5 minutes)
2. “For in Him dwells all the fullness of the Godhead bodily” (Col. 2:9)
3. “Blessed are the peacemakers ........”(St. Matthew 5:9)
4. Solo Song (Maximum 3 minutes)
   * + - Any Christian Song
5. Essay writing (Maximum 30 minutes)
6. Sharing God and Sharing world
7. Life and Social Thought of St. Basil the Great
8. Quiz Competition (Written, maximum 3 participants)
9. Psalm 50-60 – 20%
10. Esther – 20%
11. I & II Timothy – 20%
12. Hebrews – 20 %
13. Sacraments – 20%

**Notes:**

1. One of the topics shall be selected just ten minutes before the item, for Bible storytelling, Elocution and Essay writing.
2. Inter-Diocesan Competition will be held at STOTS Nagpur in 4 items in two categories: Seniors & Secondary - Elocution (Pratibha), Solo Song (Gaana sugandhi), Quiz (Praveen) & Essay writing (Vijnani).
3. Two to Three candidates can participate in the Group song competitions in the time duration of 3 minutes.
4. Maximum 3 candidates can participate in Quiz Competitions. Quiz competition will be written in unit and Diocesan level, but oral in inter-diocesan competition.

PSALMS AND PRAYERS FOR KG TO CLASS XII

Please Note the Following

1. All Psalms are taken from New Revised Standard Version.
2. Prayers are taken from the Holy Qurbanakramam (Malayalam), Living Sacrifice (English) and Malayalam & English versions of the Common Prayer book.
3. Please distribute this booklet to teachers and students as the evaluation of answer sheets for Psalms will be based on this booklet. Students must avoid writing from GOOD NEWS BIBLE, GIDEON or any other Bible versions not approved by OSSAE-OKR. Approved versions are: NRSV, NIV, NKJV and Orthodox Study Bible. This booklet is provided for uniformity. Students must write on the answer sheet the Bible version they are using and must follow only one version to complete their answer.
4. Projects for all classes will remain unchanged from the topics given in 2015 with further possibility of the same remaining for the year 2017 also. Thereby retaining the same Project titles for 3 years.

**Class KG**

Making the Sign of Cross

Making the sign of cross embodies the theology of incarnation. It is a silent and meaningful, worship by itself. It is a very rich and ancient Christian practice, and sums up the whole Christian faith in a single ritual act. In order to recall to mind, the full implications of making the sign of cross, it should be done slowly and thoughtfully. A believer who makes the sign of cross thoughtfully experiences Christ invariably.

How to make the sign of Cross?

Hold the three fingers (thumb, index and middle fingers) of the right hand together, with the tip of the index finger projecting slightly. The three fingers symbolize the Three Persons of the Holy Trinity - the source of all life and all good; God the Father, God the Son and God the Holy Spirit. The projected index finger symbolizes the dual nature of Christ - divine and human.

The fourth and the fifth finger closed on the palm. The two fingers closed on the palm expresses that the power of our heart, mind, soul and strength are dedicated to the service of God. It shows our humility before God.

Then bow our heads. The bowing of head is a sign of humility and reverence, whereby we are in fact bowing our inner self before God.

What is the meaning of making the sign of Cross?

Touch the index finger to the forehead and descend to the chest. This signifies the vertical arm of the cross and incarnation of the second person of the Holy Trinity, Jesus, who came down from heaven to earth, for our salvation.

Then take the fingers from the left shoulder to the right shoulder, signifies the horizontal arm of the cross and the very fact that the children of the left side/darkness and of sins were converted and brought as children of right side/light and of God.

**Class** 1

#### Psalm 117

1. Praise the Lord, all you nations! Extol him, all you peoples!
2. For great is his steadfast love toward us, and the faithfulness of the Lord endures forever. Praise the Lord!

Psalm 1

1. Happy are those who do not follow the advice of the wicked, or take the path that sinners tread, or sit in the seat of scoffers;
2. but their delight is in the law of the Lord, and on his law they meditate day and night.
3. They are like trees planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all that they do, they prosper.
4. The wicked are not so, but are like chaff that the wind drives away.
5. Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;
6. for the Lord watches over the way of the righteous, but the way of the wicked will perish.

Our Father…

Our Father who art in heaven, hallowed be thy name, Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our debts and sins, as we also have forgiven our debtors. Lead us not into temptation, but deliver us from the evil one. For Thine is the kingdom, the power and the glory, forever and ever. Amen.

**Class** 2

#### **Psalm 34: 1-6**

1. I will bless the Lord at all times; his praise shall continually be in my mouth.
2. My soul makes its boast in the Lord; let the humble hear and be glad.
3. O magnify the Lord with me, and let us exalt his name together.
4. I sought the Lord, and he answered me, and delivered me from all my fears.
5. Look to him, and be radiant; so your faces shall never be ashamed.
6. This poor soul cried, and was heard by the Lord, and was saved from every trouble.

Psalm 23

1. The Lord is my shepherd, I shall not want.
2. He makes me lie down in green pastures; he leads me beside still waters;
3. He restores my soul. He leads me in right paths for his name’s sake.
4. Even though I walk through the darkest valley I fear no evil; for you are with me; your rod and your staff—they comfort me.
5. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.
6. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord my whole life long.

**Class** 3

#### Psalm 40: 1-5

1. I waited patiently for the Lord; he inclined to me and heard my cry.
2. He drew me up from the desolate pit, out of the miry bog, and set my feet upon a rock, making my steps secure.
3. He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord.
4. Happy are those who make the Lord their trust, who do not turn to the proud, to those who go astray after false gods.
5. You have multiplied, O Lord my God, your wondrous deeds and your thoughts toward us; none can compare with you. Were I to proclaim and tell of them, they would be more than can be counted.

Prayer before Meals

Make us worthy to praise and worship you for all the blessings, particularly this food which you have given to us to eat and drink. Amen.

Karthave! Ninte krupayaal bhakshippanum paanam chaiyuvaanum Nee njangalkku thannittulla aaharatheyum Ninte karunayeyum orthu, Ninne sthuthikkukayum vandhikkukayum chaiyuvaan njangale yogyarakkename. Amen.

Prayer after Meals

We thank you, God, for your grace and blessings. We thank you for feeding us and satisfying us. We thank you because we live by eating and drinking from what you give us. Make us worthy to praise you and to do your will, now and forever, Amen.

Daivame! Ninte krupayum vaazhvum nimitham ninakku sthuthi. Njangale theeti thrupthippeduthiyathinaal ninakku sthuthi. Ninakkullathilninnu njangal bhakshichu paanam cheithu jeevikkukayaal ninte karunanimitham ninakku sthuthi. Ninne sthuthippaanum ninte ishttam cheyyuvaanum njangale nee yogyarakkename, Amen.

**Class 4**

#### Psalm 27:1-6

1. The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?
2. When evildoers assail me to devour my flesh—my adversaries and foes—they shall stumble and fall.
3. Though an army encamp against me, my heart shall not fear; though war rise up against me, yet I will be confident.
4. One thing I asked of the Lord, that will I seek after: to live in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in his temple.
5. For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will set me high on a rock.
6. Now my head is lifted up above my enemies all around me, and I will offer in his tent sacrifices with shouts of joy; I will sing and make melody to the Lord.

Psalm 133

**1** How very good and pleasant it is when kindred live together in unity!

**2** It is like the precious oil on the head, running down upon the beard, on the beard of Aaron, running down over the collar of his robes.

**3** It is like the dew of Hermon, which falls on the mountains of Zion. For there the Lord ordained his blessing, life forevermore.

Shudhamulla Bava…

O Holy Father, guard us by Your Sacred Name, O Son of God, our Savior, protect us with Your victorious Cross †. O Holy Spirit, make us worthy temples of Your Holy habitation. O Lord, our God for ever shelter us under Your divine wings, at all times for ever. Amen.

Shudhamulla Bava, Shudhamulla ninte thirunamathaal njangale kaathukollename. Rakshithaavaya putra jayamulla ninte sleebayaal † njangale marachukollename. Sudhamulla rooha, sudhamulla ninte kudiyirippinnu bhavanangalaayi njangale chamakkename. Njangalude daivamaya karthave, ella samayavum ella neravum ninte daivathwathinte chirakukalude keezhil ennekkum njangale marachukollename. Amen

**Class 5**

#### Psalm 118: 1-10

1. O give thanks to the Lord, for he is good; his steadfast love endures forever!
2. Let Israel say, “His steadfast love endures forever.”
3. Let the house of Aaron say, “His steadfast love endures forever.”
4. Let those who fear the Lord say, “His steadfast love endures forever.”
5. Out of my distress I called on the Lord; the Lord answered me and set me in a broad place.
6. With the Lord on my side I do not fear. What can mortals do to me?
7. The Lord is on my side to help me; I shall look in triumph on those who hate me.
8. It is better to take refuge in the Lord than to put confidence in mortals.
9. It is better to take refuge in the Lord than to put confidence in princes.
10. All nations surrounded me; in the name of the Lord I cut them off!

Karunayulla Daivame

O Merciful God, the voice of our prayer knocks at Thy door; prevent not from Thy devotees the petitions of their needs. We call upon Thee, O God, to assist us in our infirmities. O Good one, hearken to the voice of our supplication, and grant our petitions in Thy mercy.

Karunayulla Daivame ninte vaathilil njangalude apekshayude swaram muttunnu. Ninne vannikunnavarude aavasyangale mudakkaruthe. Daivame, balaheenaraaya njangale sahaayippanai ninne njangal vilikunnu. Nallavane njangalude apekshayude swaram kettu ninte karunayaal njangalude yaachanakal nalkumaraakename.

Moran Yesu Masiha…

**O Jesus Christ, our Lord, close not the door of Thy mercy upon our faces.** We confess, we are sinners; have mercy upon us. O Lord, Thy love for us didst make Thee come down to us from Thy place. That by Thy death, our death be abolished. Have mercy upon us. Amen.

Moran Yesu Masiha, ninte karunayude vathil njangalude munpil nee adaykaruthe. Karthave, njangal paapikal aakunnu ennu njangal etthu parayunnu. Njangalodu karuna cheyyename. Karthave, ninte maranathal njangalude maranam maanju pokaaanaayittu ninte sneham ninte pakkal ninnu njangalude adukkalekku ninne irakki njangalodu karuna cheyyeneme. Amen.

**Class 6**

#### Psalm 51: 1-10

1. Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions.
2. Wash me thoroughly from my iniquity, and cleanse me from my sin.
3. For I know my transgressions, and my sin is ever before me.
4. Against you, you alone, have I sinned, and done what is evil in your sight, so that you are justified in your sentence and blameless when you pass judgment.
5. Indeed, I was born guilty, a sinner when my mother conceived me.
6. You desire truth in the inward being; therefore teach me wisdom in my secret heart.
7. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.
8. Let me hear joy and gladness; let the bones that you have crushed rejoice.
9. Hide your face from my sins, and blot out all my iniquities.
10. Create in me a clean heart, O God, and put a new and right spirit within me.

Anugrahangal niranjirikkunnavane

**O Thou, full of mercy, renew Thy creation at the resurrection.** O Lord, comfort and absolve our departed ones, who died with hope in Thee, and await Thy coming. O Lord, make them dwell in the bosom of Abraham, and of Isaac and of Jacob. May the living and the departed together cry out, ‘Blessed is He, who has come, and is to come, and give life to the dead.’ Amen.

Anugrahangal niranjirikkunnavane uyirppu divasathil ninte srishtiye nee puthuthakkidaname. Karthave ninte saranathil marichu ninte varavinayi nokki parthirikkunna njangalude marichu poyavare nee ashwasippichu punnyappeduthename. Abrahaminteyum Isahakkinteyum Yakkobinteyum madiyil avare nee vasippikkaname. Vannavanum varuvanirikkunnavanum marichu poyavarey uyarppikkunnavanum ayavan vazthapettavanakunnu ennu sareerangalum almakkalum orupole attahasichu parayumarakaname. Amen.

Psalm 4

1. Answer me when I call, O God of my right! You gave me room when I was in distress. Be gracious to me, and hear my prayer.
2. How long, you people, shall my honor suffer shame? How long will you love vain words, and seek after lies? *Selah*
3. But know that the Lord has set apart the faithful for himself; the Lord hears when I call to him.
4. When you are disturbed, do not sin; ponder it on your beds, and be silent. *Selah*
5. Offer right sacrifices, and put your trust in the Lord.
6. There are many who say, “O that we might see some good! Let the light of your face shine on us, O Lord!”
7. You have put gladness in my heart more than when their grain and wine abound.
8. I will both lie down and sleep in peace; for you alone, O Lord, make me lie down in safety.

**Class 7**

#### Psalm 24

1. The earth is the Lord’s and all that is in it, the world, and those who live in it;
2. for he has founded it on the seas, and established it on the rivers.
3. Who shall ascend the hill of the Lord? And who shall stand in his holy place?
4. Those who have clean hands and pure hearts, who do not lift up their souls to what is false, and do not swear deceitfully.
5. They will receive blessing from the Lord, and vindication from the God of their salvation.
6. Such is the company of those who seek him, who seek the face of the God of Jacob. *Selah*
7. Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.
8. Who is the King of glory? The Lord, strong and mighty, the Lord, mighty in battle.
9. Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.
10. Who is this King of glory? The Lord of hosts, he is the King of glory. *Selah*

Prayer before receiving Holy Communion

Make me worthy O Lord, to receive Thee with holiness, that by the food of Thy holy Body, my lust may be lulled, and by the drink of Thy living chalice my passions may be quenched, and by Thee, I may become worthy of the absolution of debts, and the remission of sins, my Lord and my God, forever. Amen.

Ente Karthave! Nine bhakshippan enne yogyanakkaname. Ninte parisudhasareeramakunna bhakshanam moolam ente durmmohangal kshazhichupokukayum, ninte jeevanulla kasayakunna paaneeyathal ente durvikarangal samikkukayum cheyyumarakaname. Ente karthavum daivavume! Kadangalude pariharathinum papangalude mochanathinum ninnal njan yogyanayitheeraname. Amen.

Prayer after receiving Holy Communion

O Lord, thy exalted and holy mouth has promised and said “Whoso eats my Body and drinks my Blood and believes in me, shall abide in me, and I in him, and I will raise him up on the last day”, O Lord, I have eaten Thy holy Body and drunk thy propitiating Blood. May they not become to me for judgment or vengeance or condemnation or indictment; but for remission of debts, and the forgiveness of sins, and for the blessed resurrection from the place of the dead, and for a joyful face before Thy awe-inspiring throne, my Lord and my God, forever. Amen.

Ente sareeram bhakshikukayum ente raktham kudikkukayum ennil viswasikkukayum cheyyunnavan ennilum njan avanilum vasikkumennum avasanadivasathil njanavane uyirthezhunnelppikkumennum punnyavum parishuddhavumaya ninte thiruvayarulichheythu vagdwanam cheyythirikkunnuvallo. Ente karthave, njan ninte parishuddhasareeram bhakshikkukayum punnyapradamaya ninte raktham kudikkukayum cheyythirikkunnu. Athe eniku nyayavidhikko, prathikarathino, shikshakko, kuttaropanathino aayitheerathe ente karthavum ennekkum ente daivavume! Kadangalude pariharathinum, papangalude mochanathinum, marichavarude edayil ninnulla anugrahikkappetta punaruddhanathinum, ninte bhayankara simhasanathinu mumbakeyulla mukha prasannathaikkumaayitheerename. Amen.

**Class 8**

#### Psalm 19: 1-10

1. The heavens are telling the glory of God; and the firmament proclaims his handiwork.
2. Day to day pours forth speech, and night to night declares knowledge.
3. There is no speech, nor are there words; their voice is not heard;
4. yet their voice goes out through all the earth, and their words to the end of the world. In the heavens he has set a tent for the sun,
5. which comes out like a bridegroom from his wedding canopy, and like a strong man runs its course with joy.
6. Its rising is from the end of the heavens, and its circuit to the end of them; and nothing is hid from its heat.
7. The law of the Lord is perfect, reviving the soul; the decrees of the Lord are sure, making wise the simple;
8. the precepts of the Lord are right, rejoicing the heart; the commandment of the Lord is clear, enlightening the eyes;
9. the fear of the Lord is pure, enduring forever; the ordinances of the Lord are true and righteous altogether.
10. More to be desired are they than gold, even much fine gold; sweeter also than honey, and drippings of the honeycomb.

Karthave ninne sthothram cheyyunnathum

How good it is to give thanks to Thee, O Lord, and to sing praises to Thine exalted Name; to declare Thy loving kindness at the break of the day, and Thy faithfulness during the night. O Lord hearken to our voice at the dawn of the day; and in the morning let us be found ready by Thee. O Lord, absolve and pardon all our sins. O Holy one, overshadow Thy right hand upon us, and heal all our infirmities, for the sake of Thy eternal Name, Amen.

Karthave ninne sthothram cheyyunnathum athyunnnathamaya thante namathinu paadunnathum prabhatha kaalathu thante krupayum rathri kaalathu thante viswasavum ariyikkunnathum ethrayo nallathakunnu.

Karthave! prabhatha samayath ente shabdam kelkkename. Prabhatha samayath njaan orungi ninakku kaanappedumarakename. Karthave! ninte janathodu karuna cheyyename. Karthave! Njangal ellavarudeyum papangal pariharichu mochikkename. Paridsuddhanayullove! ninte valathu thrikai njangaludemel aavasippichu ninte thirunaamam nimitham njangalude paparogathe saukhyamakkename, Amen.

Ente Daivame nee ente daivamakunnu..

O God, You are my God and I will wait for You.

Like a dry and thirsty land longing for water, my spirit thirsts for You and my body longs for You.

I truly looked up to You, to behold Your power and glory.

Because Your loving-kindness is better than life, my lips shall praise You.

Thus I will praise You while I am alive and I will raise my hands in Your name.

My soul shall be satisfied as with marrow and fat and my mouth shall sing Your glory with joyful lips.

I remember You as I lie on my bed. All night long, I think of You and meditate.

Because You have been my help, I will be protected under the shadow of Your wings.

My soul follows You and Your right hand keeps me safe.

Those that seek to destroy my soul shall go into the depths of the earth.

They shall fall by the sword and their bodies eaten by wolves. But the king shall rejoice in God.

Everyone that swears by him shall be glorified. But the mouth of the liars shall be shut.

To you belongs praise, O God. *Barekhmor.*

Ente daivame nee ente daivamakunnu; njan ninakai kathirikkum.

Dahichuvarandu vellathinai agrahikunna bhoomipole, ente almavu ninnekurichu dahichirikkunnu. Ente jadavum ninakkai kathirikkunnu.

Ninte balavum ninte bahumanavaum kanman eprakaram sathyamayittu njan ninne nokki.

Enthennal ninte karuna jeevanekkal nallathakunnu; ente adharangal ninne sthuthikkum.

Njan jeevanodirikkupol eprakaram njan ninne vazthukayum, ninte namathil ente kaikal uyarthukayum chaiyyum.

Ente almavu kozhupum medassum kondennapole pushtiyakum; ente vaye sthuthiyulla adharangalkondu ninne mahathwapeduthukayum chaiyyum.

Ente kidakkamel njan ninne orthu; rathri kalangalil njan ninne dhyanikkukayum chaithu.

Enthennal nee eniku sahayakanai theernnu. Ninte chirakukalude nizhalil njan marakkapedum.

Ente almavu ninne pinthudarnnu; ninte valathukai enne thangukayum chaithu.

Ente almavine nasipippan anneshikunnavar bhoomiyude aazhangalileku pravesikkum.

Avar valinu elpikkapedukayum, kurunarikalku bhakshanamai theerukayum chaiyyum; rajavu daivathil santhoshikkum.

Avane kondu anayidunna evanum pukazchayundakum; enthennal asathyam parayunnavarude vaye adakkapedum.

Daivame! sthuthi ninaku yogyamakunnu. Barekmor.

**Class 9**

#### Psalm 137: 1-9

1. By the rivers of Babylon—there we sat down and there we wept when we remembered Zion.
2. On the willows there we hung up our harps.
3. For there our captors asked us for songs, and our tormentors asked for mirth, saying, “Sing us one of the songs of Zion!”
4. How could we sing the Lord’s song in a foreign land?
5. If I forget you, O Jerusalem, let my right hand wither!
6. Let my tongue cling to the roof of my mouth, if I do not remember you, if I do not set Jerusalem above my highest joy.
7. Remember, O Lord, against the Edomites the day of Jerusalem’s fall, how they said, “Tear it down! Tear it down! Down to its foundations!”
8. O daughter Babylon, you devastator! Happy shall they be who pay you back what you have done to us!
9. Happy shall they be who take your little ones and dash them against the rock!

Mahonnathante Maravil..

O Lord who sittest in the secret place of the Most High, shelter under the shadow of the wings of Thy mercy, and have compassion upon us.

Thou, who hearest all things in Thy loving kindness, hearken to the supplication of Thy servants.

Grant us O Messiah. Our Saviour, a peaceful evening and a sinless night; for Thou art a glorious King and unto Thee, are our eyes lifted up.

Forgive our debts and our sins: have mercy upon us both in this world and in that to come.

May Thy loving kindness shelter us O Lord, and Thy grace be upon our faces. May Thy †cross protect us from the evil one and his hosts.

Let Thy right hand overshadow us all the days of our lives, and Thy peace reign among us. Do Thou give hope and salvation to the souls that pray to Thee.

By the prayers of St. Mary, Thy Mother, and of all Thy Saints, O God forgive us our debts, and have mercy upon us. Amen.

Mahonnathante maravil irikkunnavanaaya karththaave ninte anugrahathinte chirakukalude nizhalinkeezhil njangale marachchu njangaludemel anugraham cheyyaname.

Sakalavum kelkkunnavane! Ninte anugrahathal ninte adiyaarude apeksha kelkkaname.

Mahathwamulla raajaavum njangalude rakshakanumaya mashihaa! Nirappu niranjirikunna sandhyayum, punyamulla raavum njangalkku tharename.

Njangalude kannukal ninkalekku nokkikkontirikkunnu. Njangalude kadangalum paapangalum pariharichu, ihaparamaya randu lokangalilum njangalodu karuna cheyyaname.

Karthaave! Ninte anugrahangal njangale marachchu ninte krupa njangalude mukhangalil nilkkename. Ninte sleebaa † dushtanil ninnum avante sainyangalil ninnum njangale kaathu kollaname.

Njangal jeevanodirikkunna naalukal okkeyum ninte valathukai njangaludemel aavasippikkename. Ninte nirappu njangalude idayil vaazhumaaraakename. Ninnodapekshikkunna aalmaakkalkku saranavum, rakshayum untaakaname.

Ninne prasavichcha mariyaminteyum, ninte sakala parishuddhanmaarudeyum praarthanayal, daivame! Njangalude kadangalkku parihaaramuntaakki, njangalude mel anugraham cheyyename. Amen

Mariam paranjathenthennal.. (The song of Mary)

Mary said: My soul magnifies the Lord, and my spirit rejoices in God, my Savior; because He has looked upon the lowliness of His handmaid; for behold from henceforth all generations shall call me blessed.

Because He who is mighty has done great things for me, and holy is His name. And His mercy is from generation to generation on those who fear Him.

He has won victory with His arm, He has scattered the proud in the conceit of their heart. He has put down the mighty from their thrones, and has exalted the lowly.

He has filled the hungry with good things, and the rich He has sent empty away. He has given help to Israel His servant, mindful of His mercy. Even as He spoke to our fathers, to Abraham and His seed forever. Barekmor

Mariam paranjathenthennal, ente dhehi karthavine pukazhthunnu. Ente almavu enne jeevippikkunnavanaya daivathil santhoshichu; enthennal avan thante dhasiyude thazhchaye nokkikandirikkunnu. Kandalum, ithu muthal sakala vamsangalum enikku bhagyam tharum.

Enthennal shakthimanum, thante namam parisudhavum ayirikkunnavan valiya karyangal engal pravarthichhirikkunnu. Avante karuna avane bhayappedunnavarudemel thalamurakalayum vamsangalayum undakunnu.

Avan thante bhujam kondu jayamundaki; thangalude hrudayavicharathil ahangarikalayavare chinnich; avan balavanmare simhasanangalil ninnu marichidukayum thazhmayullavare uyarthukayum chaithu.

Avan visappullavare nanmakalkondu sampurnarakkukayum sambannanmare vyardhamai ayakkukayum chaithu. Avan thante dhasanaya Israyeline sahayikukayum nammude pithakkanmaraya Abrahaminodum avante santhathiyodum samsarichaprakaram eneekum thante karunaye orkukayum chaithu. Barekmor.

**Class 10**

#### Psalm 34

1. I will bless the Lord at all times; his praise shall continually be in my mouth.
2. My soul makes its boast in the Lord; let the humble hear and be glad.
3. O magnify the Lord with me, and let us exalt his name together.
4. I sought the Lord, and he answered me, and delivered me from all my fears.
5. Look to him, and be radiant; so your faces shall never be ashamed.
6. This poor soul cried, and was heard by the Lord, and was saved from every trouble.
7. The angel of the Lord encamps around those who fear him, and delivers them.
8. O taste and see that the Lord is good; happy are those who take refuge in him.
9. O fear the Lord, you his holy ones, for those who fear him have no want.
10. The young lions suffer want and hunger, but those who seek the Lord lack no good thing.
11. Come, O children, listen to me; I will teach you the fear of the Lord.
12. Which of you desires life, and covets many days to enjoy good?
13. Keep your tongue from evil, and your lips from speaking deceit.
14. Depart from evil, and do good; seek peace, and pursue it.
15. The eyes of the Lord are on the righteous, and his ears are open to their cry.
16. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth.
17. When the righteous cry for help, the Lord hears, and rescues them from all their troubles.
18. The Lord is near to the brokenhearted, and saves the crushed in spirit.
19. Many are the afflictions of the righteous, but the Lord rescues them from them all.
20. He keeps all their bones; not one of them will be broken.
21. Evil brings death to the wicked, and those who hate the righteous will be condemned.
22. The Lord redeems the life of his servants; none of those who take refuge in him will be condemned.

Swabhavaprakaram maranamillathavanum…

By the prayers of Thy Mother and of all Thy Saints; I will adore Thee, O King, my Lord, only begotten Son, who by Thy loving kindness, willed to come down for the life and salvation of the entire human race; and was incarnate of the glorious and pure Saint Mary, mother of God; and didst become man without change, and was crucified for us. O Christ, our God, who by Thy death, didst trample on and end our death; O Thou who art one of the Holy Trinity; equally worshiped and glorified; with the Father, and with Thy living Holy Spirit, have mercy upon us all.

Swabhavaprakaram maranamillathavanum - thante kripayal manushyavargam muzhuvanteyum jeevanum rakshakum vendi vannu - visudhiyum mahathwavum vedippumulla daivamathavaya kanyakamariyamilninne sareerameduthu - bhedam koodathe manushyanai theerukayum - njangalkuvendi kurisil tharakkapedukayum cheitha - swargeeyapithavinte eka puthranum - vachanavum rajavumaya ente karthave! Ninne njan pukazhthum. Thante maranathal njagalude maranathe chavittikonnavanum - vishudha thrithwathil oruvanum – thante pithavinodum – jeevanulla thante parisuddha roohayodum koode - orupole vandhikappettu sthuthikappedunnavanumaya njangalude masiha thampurane! – ninne prasavicha maathavinteyum – ninte parisuddhanmarellavarudeyum prarthanayal – njangal ellavarodum karuna cheiyaname.

Psalm 113

1. Praise the Lord! Praise, O servants of the Lord; praise the name of the Lord.
2. Blessed be the name of the Lord from this time on and forevermore.
3. From the rising of the sun to its setting the name of the Lord is to be praised.
4. The Lord is high above all nations, and his glory above the heavens.
5. Who is like the Lord our God, who is seated on high,
6. who looks far down on the heavens and the earth?
7. He raises the poor from the dust, and lifts the needy from the ash heap,
8. to make them sit with princes, with the princes of his people.
9. He gives the barren woman a home, making her the joyous mother of children. Praise the Lord!

**Class 11**

#### Psalm 143

1. Hear my prayer, O Lord;  give ear to my supplications in your faithfulness; answer me in your righteousness.
2. Do not enter into judgment with your servant, for no one living is righteous before you.
3. For the enemy has pursued me, crushing my life to the ground, making me sit in darkness like those long dead.
4. Therefore my spirit faints within me; my heart within me is appalled.
5. I remember the days of old, I think about all your deeds, I meditate on the works of your hands.
6. I stretch out my hands to you; my soul thirsts for you like a parched land. *Selah*
7. Answer me quickly, O Lord; my spirit fails. Do not hide your face from me, or I shall be like those who go down to the Pit.
8. Let me hear of your steadfast love in the morning, for in you I put my trust. Teach me the way I should go, for to you I lift up my soul.
9. Save me, O Lord, from my enemies; I have fled to you for refuge.
10. Teach me to do your will, for you are my God. Let your good spirit lead me on a level path.
11. For your name’s sake, O Lord, preserve my life. In your righteousness bring me out of trouble.
12. In your steadfast love cut off my enemies, and destroy all my adversaries, for I am your servant.

Nicene Creed

We believe in one true God the Father Almighty, maker of heaven and earth, and of all things, visible and invisible;

And in the One Lord Jesus Christ, the only-begotten Son of God; begotten of the Father before all worlds, light of light, very God of very God; begotten, not made; being of the same substance with the Father; and by whom all things were made;

† Who for us men, and for our salvation, came down from heaven.

And was incarnate of the Holy Virgin Mary, Mother of God, by the Holy Ghost, and became Man;

† And was crucified for us in the days of Pontius Pilate and suffered, and died and was buried.

† And the third day rose again, according to His will; and ascended into heaven, and sat on the right hand of His Father, and shall come again in His great glory, to judge both the living and the dead, whose kingdom shall have no end.

And in the one living Holy Spirit, the life-giving Lord of all, who proceeds from the Father; and who with the Father and the Son is worshipped and glorified; who spoke by the prophets and the Apostles.

And in the one Holy Catholic and Apostolic Church: and we acknowledge one Baptism for the remission of sins, and look for the resurrection of the dead and the new life in the world to come. Amen.

Sarvashaktiyulla pithaavaayi aakaashathinteyum bhoomiyudeyum kaana ppedunnavayum kaanappedaathavayumaaya sakalathinteyum srushtaavaaya sathyamulla eka daivathil njangal vishwasikkunnu.

Daivathinte eka puthranum sarvalokangalkkumumbe pithaavil ninnu janichavanum, prakaashathil ninnulla prakaashavum sathya daivathil ninnulla sathya daivavum, janichavanum srushtiyallaathavanum, saaraam shathil pithaavinodu samathwamullavanum sakalavum than mukhandiramaayi nirmichavanum, manushyaraaya njangalkkum njangalude raksha kkuvendi thirumanasaaya prakaaram swargathil ninnu irangi† vishudha roohayal, daivamaathaavaaya vishudha kanyaka mariyaamilninnum shareeriyaayi theernnu manushyanaayi, ponthiyos pilathosinte divasangalil njangalkkuvendi kurushil tharakkappettu† kashttatha anubhavichu marichu adakkappettu, moonnaam divasam uyarthezhunettu† swargathilekku kareri thante pithaavinte valathu bhaagathu irunnavanum jeevanullavareyum marichavareyum vidhippan thante valiya mahathwathode iniyum varuvanirikkunavanum, thante rajyathinnu avasaanamillathavanumaaya yeshu mishiha aya eka karthaavilum njangal vishwasikkunnu.

Sakalatheyum jeevippikkunna karthaavum, pithaavil ninnu purappettu, pithavinodum puthranodum koode vannikkappettu sthuthikkapedunnavanum nibiyenmaarum sleehanmaarum mukhantiram samsaarichavanumaaya jeevanum vishudhiyumulla eka roohayilum, caatholikavum slaihikavumaya eka vishudha sabhayilum njangal vishwasikkunnu.

Paapa mochanathinu maamodeesa orickal maathramakunnuvennu njangal ettuparanju, marichupoyavarude uyirppinum, varuvaanirikkunna lokathile puthiya jeevanumaayi njangal nokkippaarkkunnu. Amen.

Athamavil daridrarayavar

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers, for they will be called sons of God.

Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

Blessed are you when people insult you, persecute you, and falsely say all kinds of evil against you because of me.

Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

And to you belongs the praise, O God, Barekmor

Athmaavil Daridrarayavar bhagyavanmar; Enthukondennal swargarajyam avarudethakunnu.

Dukhichirikkunnavar bhagyavanmar; Enthukondennal avar aswasappedum.

Soumyathayullavar bhagyavanmar; Enthukondennal avar bhoomiye avakasamay anubhavikum.

Neethikai visannu dhahikkunnavar Bhagyavanmar; Enthukondennal avar Thruptharakum.

Karunayullavar Bhagyanmar; Enthukondennal avarudemel karunayundakum.

Hrudaya sudhiyullavar bhagyavanmar; Enthukondennal avar daivathe kanum.

Samadhanam nadathunnavar bhagyavanmar; Enthundennal avar daivathinte puthrenmarennu vilikapedum.

Neethi nimithamayittu peedikapedunnavar bhagyamar; Enthukondennal sworgarajyam avarudethakkunnu.

Avar ningale nindikkukayum ningale peedippikkukayum ente nimitham sakala durvachanatheyum ningalude nere vyajamaittu parayukayum chaiyumpol ningal bhagyanmar.

Ningalude prathiphalam swargathil vardhichirika kondu ningal santhoshichu anandipin.

Daivame! sthuthi ninaku yogyamakunnu, Barekmor.

**Class 12**

#### Psalm 91

1. You who live in the shelter of the Most High, who abide in the shadow of the Almighty,
2. will say to the Lord, “My refuge and my fortress; my God, in whom I trust.”
3. For he will deliver you from the snare of the fowler and from the deadly pestilence;
4. he will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler.
5. You will not fear the terror of the night, or the arrow that flies by day,
6. or the pestilence that stalks in darkness, or the destruction that wastes at noonday.
7. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.
8. You will only look with your eyes and see the punishment of the wicked.
9. Because you have made the Lord your refuge, the Most High your dwelling place,
10. no evil shall befall you, no scourge come near your tent.
11. For he will command his angels concerning you to guard you in all your ways.
12. On their hands they will bear you up, so that you will not dash your foot against a stone.
13. You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.
14. Those who love me, I will deliver; I will protect those who know my name.
15. When they call to me, I will answer them; I will be with them in trouble, I will rescue them and honor them.
16. With long life I will satisfy them, and show them my salvation.

Urakkamillatha unarvullavanaaya…

O Lord, awaken us from our slumber who are immersed in sin, that we may extol Thy watchfulness. O Vigilant one, who drowsest not, redeem us mortals, from our slumber to death and corruption, that we may worship Thy mercy. O everlasting and immortal God, make us worthy to adore and glorify Thee with holiness, in the glorious company of the angels of heaven who adore Thee. O Father, Son and Holy Spirit, we praise Thee; for Thou art glorious and blessed, both in heaven and earth, now and always forever. Amen.

Urakkamillatha unarvullavanaaya ente karthave ! ninte unarvine sthuthippanaayittu papa muzhukalil ninnu njangalude urakkathe nee unarthename. Maranamillaatha jeevanullavane ! Ninte karunaye njangal vannippaanaayittu maranavum naasavumaakunna urakkathil ninnu njangalude maranathe nee jeevippekkaname. Pithavum Puthranum Parishudha Roohaayumaayullove, nee maathram swargathilum bhoomiyilum sthuthikkappettavanum vazhthappettavanum aaka kondu ninne sthuthikunna swargeeya maalakhamaarude mahathwamulla koottangalodu onnichu, vishudhiyodu koodi ippozhum ellaaypozhum ennekkum ninne sthuthichu vaazhthuvaan njangale yogyarakkename, Amen.

Rathrikalangalil karthavinte bhavanathil…

Behold, all you servants of the Lord who stand in the house of the Lord through night watches, you praise the Lord.

Lift up your hands towards heavenly sanctuary and praise the Lord.

May the Lord that made the heaven and earth bless you from Zion.

Lord, let my praise enter into Your presence. Let Your word grant me life. Let my supplication come before you. May Your words deliver me.

My tongue shall utter your words, for all your commandments are righteous.

When you teach me Your commandments, my lips shall utter Your praise. Since I have taken delight in Your laws, Your hand shall help me.

My soul has longed for Your salvation and I have meditated Your law. Let my soul live and it shall praise You. Let Your judgments help me.

I have gone astray like a lost sheep. Seek Your servant; for I have not forgotten Your commandments.

Praise the Lord, all you nations. Praise him all you people, for His kindness is great toward us. Truly, the Lord's goodness is forever.

To you belongs praise, O God. Barekmor.

Rathrikalangalil karthavinte bhavanathil nilkunnavarai karthavinte sakala dasanmarumayullore! Ningal karthavine sthuthippin.

Suddhasthalathekku ningalude kaikal uyarthi karthavine sthuthippin.

Aakasavum bhoomiyum srushticha karthavu sehiyonil ninnu ninne anugrahikkum.

Karthave! Ente sthuthi ninte mumbake pravesikkukayum, ninte vachanathal enne jeevippikkukayum cheiyename. Ente apeksha ninte mumbake pravesikkukayum, ninte vachanathal enne rakshikukayum cheiyename.

Ente navu ninte vachanam uchharikum. Enthennal ninte kalpanakalellam neethiyodukoodiyavayakunnu.

Ninte kalpanakal enne nee padippikumbol ente adharangal ninte sthuthikal uchharikum. Ninte kalpanakalil njan ishtappedunnathinal ninte kai enne sahayikkaname.

Ente almavu ninte rakshakkayittu kaathirunnu. Ninte vedapramanam njan dhyanichu. Ente almavu jeevichu nine sthuthikukayum ninte nyayavidhi enne sahaayikkukayum cheiyename.

Kaanathepoya aadu pole njan thettipoi. Ninte bhruthyane anneshikaname. Enthennal ninte kalpanakalonnum njan marannilla.

Sakala jaathikalume! Karthavine sthuthippin. Sakala janagalume! Avane sthuthippin; enthennal avante krupa nammude mel balappettirikkunnu. Avan sathyamayittu ennekkum karthavakunnu.

Daivame! Sthuthi ninakku yogyamakunnu, Barekmor.

PROJECT WORK OF THE STUDENTS DURING 2016

**A. General Guidelines**

1. The Project work is not a classroom assignment. The students can do it in their leisure time or in the break time when they are tired of learning secular subjects.
2. One of the projects given below can be selected for this year. Project of the children of classes IV to VII are to be conducted on an oral level only. Students of Classes VIII to XII should submit it in a well hand-written form.
3. The length of the written project should be from five to ten pages. Photos and other data can be added, if available.
4. Teachers and parents should help the child in developing his/her ideas. Teachers can select books and websites and give the name of these to the students. However, each project should be an independent work of the student.
5. The Class teacher should maintain a register for the internal assessment of the student and the marks for the project should be entered in it. It shall be examined by the HM and verified by the parish priest. Any priest of the district/zone shall be asked by inspector/secretary for evaluating the projects of the CLASS X and Class XII candidates objectively. All those who are in this process should remind themselves that we are serving the Lord and that Christian values should not be compromised at any cost.
6. The mark of the project work can be as follows: Punctuality (2 marks), Text (3 marks), Comprehension of the idea (3 marks), Presentation/Neatness (2 marks). **October 15** is the cut- off date for the submission of the project at unit level.
7. Selected Projects can be presented in front of the people during the anniversary of the Sunday school or on Sunday school day.

**B. Themes for Projects:**

**Class IV**

1. Recite the gifts of the spirit with Bible reference
2. Recite the names of 12 apostles

**Class V**

1. Recite the “I am” sayings of Jesus with references.
2. Make a note of maximum number of liturgical books used in the Church and the occasion of use.

C**lass VI**

1. Name all the books of the Old Testament
2. Write briefly about the life and contribution of Late Lamented Alvares Mar Yulios

**Class VII**

1. Write briefly about St. George
2. Narrate the main events in the sacrament of Holy Matrimony and its significance.

**Class VIII**

1. Prepare a note on the 8 Sundays of Great Lent
2. Write briefly about the life of Pampady Thirumeni.

**Class IX**

1. Write briefly about the life of St. John Chrysostom
2. Prepare a report on Synod of Diamper and its effects on the Malankara Orthodox Church

**Class X**

1. Write a note on St. Paul’s missionary journeys
2. Write briefly about the life and work of St. Thomas

**Class XI**

1. Write briefly about the contributions of Late Lamented Geevarghese Mar Osthathios
2. Write briefly about the establishment of the Catholicate in Malankara

**Class XII**

1. Write a note on the 9 orders of angels
2. Enumerate the various local traditions used in the Malankara Orthodox Church

CULTURAL COMPETITION FORM

*(All fields must be filled by the Student/Parent and submit to Headmaster/Headmistress for processing)*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name of the Student** | |  | | |
| **Date of Birth** | | Day | Month | Year |
|  |  |  |
| **Sunday School Class** | |  | | |
| **Regular Class** | |  | | |
| **Mob. No** | |  | | |
| **Name of the Parent** | |  | | |
| **Mob. No** | |  | | |
| **Participating Items** | | | | |
| **1.** |  | | | |
| **2.** |  | | | |
| **3.** |  | | | |
| **4.** |  | | | |
| **For Group Song, write the name of all participants in the Group** | | | | |
| **1.** |  | | | |
| **2.** |  | | | |
| **3.** |  | | | |
| **For Quiz, write the name of all participants in the Group** | | | | |
| **1.** |  | | | |
| **2.** |  | | | |
| **3.** |  | | | |